



## QRS SUMMER SIZZLER 2020

### VIRTUAL SERIES

### WEEK 3

Friday 12 June 2020

Bib No.	First Name	Last Name	Gender	Nationality	Category	Time	Position
100	Khalid	Al Yafei	Male	QAT	21.1K	1:39:00	M1

Bib No.	First Name	Last Name	Gender	Nationality	Category	Time	Position
101	Jowhara	Al Qahtani	Female	QAT	21.1K	2:32:50	F1
102	Manuela	Pauley	Female	SUI	21.1K	2:52:32	F2

Bib No.	First Name	Last Name	Gender	Nationality	Category	Time	Position
231	Niraj	Shahi	Male	NEP	10K	0:44:54	M1
224	Mehdi	Aissa	Male	TUN	10K	0:45:22	M2
202	Abdulrahman	Al-Sheikh	Male	QAT	10K	0:46:57	M3
211	Cathal	Fleming	Male	IRL	10K	0:47:27	
233	Shinsuke	Mori	Male	JPN	10K	0:48:02	
235	Subah	Al Kuwari	Male	QAT	10K	0:49:12	
203	Abdulrahman	Al Yafei	Male	QAT	10K	0:49:38	
207	Andreas	Goldau	Male	GER	10K	0:51:30	
200	Abdulla	Al Malki	Male	QAT	10K	0:52:49	
219	Jonathan	Michelsen	Male	RSA	10K	0:53:56	
201	Abdulla	Khalil	Male	QAT	10K	0:57:13	
208	Andrew	Stigter	Male	AUS	10K	0:57:13	
213	Djamel	Senoussi	Male	ALG	10K	0:57:26	
226	Mohamed	Hefnawy	Male	EGY	10K	0:57:33	
227	Mohammed	Al Kuwari	Male	QAT	10K	0:58:39	
232	Peter	Brock	Male	GBR	10K	0:59:20	
223	Mark	Pauley	Male	USA	10K	0:59:43	
228	Mohammed	Al Madfa	Male	QAT	10K	1:03:17	
204	Abdulrahman	Shareef	Male	QAT	10K	1:03:32	
234	Stephen	Yacapin	Male	USA	10K	1:06:25	
210	Babar	Rais	Male	GBR	10K	1:08:20	
229	Mubarak	Al Khulaifi	Male	QAT	10K	1:08:50	
205	Ahmad	Al Qatami	Male	QAT	10K	1:10:13	
218	John	Smith	Male	GBR	10K	1:18:19	
216	Gabriel	Turculet	Male	ROU	10K	1:28:57	
819	Pramod	Pillai	Male	GBR	10K	1:50:00	

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221	Malaka	Al Kaabi	Female	QAT	10K	0:45:27	F1
225	Mireille	Herbrand	Female	BEL	10K	0:53:03	F2
220	Karina	Enikeeva	Female	RUS	10K	0:55:53	F3
215	Euphracia	Kalii	Female	KEN	10K	1:03:50	
206	Amanda	Dobison	Female	GBR	10K	1:04:00	
212	Daniela	Cocan	Female	ROU	10K	1:07:00	
230	Nandini	Alinier	Female	FRA	10K	1:07:45	
222	Margaret	Eccles	Female	GBR	10K	1:12:00	
209	Angélica	Franco	Female	ITA	10K	1:12:39	
214	Erin	Kelley	Female	USA	10K	1:21:30	
217	Jennifer	D'Souza	Female	IND	10K	1:37:51	

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325	Guillaume	Alinier	Male	FRA	5K	0:19:48	M1
349	Paul	Bakewell	Male	GBR	5K	0:21:15	M2
355	Tim	Mills	Male	GBR	5K	0:22:47	M3
328	Imran	Iqbal	Male	IND	5K	0:23:02	
341	Mike	De Coster	Male	GBR	5K	0:23:21	
324	Guillanam	Alinier	Male	FRA	5K	0:23:43	
339	Michael	Werner	Male	GER	5K	0:23:51	
333	Khaled	Al Kuwari	Male	QAT	5K	0:24:50	
322	George	Zaidan	Male	LIB	5K	0:26:55	
300	Abdulaziz	Al Jabri	Male	QAT	5K	0:28:50	
303	Ahmad	Jaber	Male	BRN	5K	0:28:54	
331	Joseph	Gladin	Male	IND	5K	0:29:00	
347	Omer	Farooq	Male	PAK	5K	0:29:01	
301	Abdulla	Al Derham	Male	QAT	5K	0:29:34	
357	Ziyad	Rahim	Male	CAN	5K	0:29:39	
326	Hassan	Al Yousuf	Male	QAT	5K	0:30:03	
352	Shahayas	Karuppamveettil	Male	IND	5K	0:30:13	
320	Faleh	Al Ali	Male	QAT	5K	0:30:48	
305	Aleksandr	Ivanov	Male	RUS	5K	0:31:05	
306	Alex	De Leon Diaz	Male	USA	5K	0:31:32	
348	Patrick	Isac	Male	LIB	5K	0:32:26	
307	Ali	Radwani	Male	QAT	5K	0:32:30	
353	Shaheen	Shafi	Male	IND	5K	0:32:54	
346	Noah Daniel	Muller	Male	RSA	5K	0:33:30	
304	Ale	Raza	Male	CAN	5K	0:35:09	
342	Mohamed	Askar	Male	EGY	5K	0:35:45	
312	Aqeel	Radwani	Male	QAT	5K	0:37:57	
302	Abdulla	Al Sheraim	Male	QAT	5K	0:38:12	
310	Anand	Mathew	Male	IND	5K	0:39:00	
337	Marvin	Quiocho	Male	PHI	5K	0:40:04	
311	Anish	Kandy	Male	IND	5K	0:46:00	
323	Glenham	Shaw	Male	RSA	5K	0:48:09	

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316	Chelsea	Hughes	Female	GBR	5K	0:26:22	F1
345	Nazra	Sultana	Female	GBR	5K	0:28:53	F2
317	Claire	Kilcrann	Female	IRL	5K	0:31:09	F3
354	Sheryl	Guynn	Female	USA	5K	0:31:38	
338	Melissa	Woods	Female	USA	5K	0:31:49	
330	Janie	Pearson	Female	GBR	5K	0:32:28	
315	Caz	Jude	Female	GBR	5K	0:33:11	
314	Carmen	Navarro Gomez	Female	ESP	5K	0:33:33	
318	Claire	Hughes	Female	GBR	5K	0:33:58	
308	Amanda	Hart	Female	GBR	5K	0:34:05	
332	Julie	Decock	Female	BEL	5K	0:36:00	
351	Sanaa	Abounahia	Female	PLE	5K	0:36:35	
350	Rini	Haryati	Female	INA	5K	0:36:36	
334	Kim	McMahon	Female	GBR	5K	0:36:37	
343	Nadia	Rahim	Female	GBR	5K	0:36:37	
336	Marina	Hardiman	Female	IRL	5K	0:36:50	
356	Victoria	Cann	Female	GBR	5K	0:36:50	
321	Gabriela Felicia	Turculet	Female	ROU	5K	0:40:07	
344	Nasim	Khatib	Female	USA	5K	0:40:12	
327	Heba	Rafat	Female	EGY	5K	0:41:43	
313	Becky	Mills	Female	GBR	5K	0:41:51	
309	Amy	McManus	Female	GBR	5K	0:44:55	
340	Michelle	Williams	Female	USA	5K	0:49:11	
335	Mariam	Al Mazrooei	Female	UAE	5K	0:49:12	
329	Inas	Moussa	Female	EGY	5K	0:56:31	
319	Evette	Quadros	Female	IND	5K	1:01:40	

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405	David	Hodgson	Male	GBR	3K	0:12:20	M1
437	Saneesh	Mathew	Male	IND	3K	0:13:09	M2
403	Andrei	Clark	Male	GBR	3K	0:13:15	M3
434	Saad	Al Derham	Male	QAT	3K	0:13:43	
428	Morgan	Reed	Male	GBR	3K	0:16:57	
432	Rashid	Al Sheraim	Male	QAT	3K	0:17:10	
400	Abdulaziz	Al Nasr	Male	QAT	3K	0:19:24	
414	Hanin	Al Khadrawi	Male	SYR	3K	0:22:26	
803	Andrew	Newall	Male	GBR	3K	0:22:28	
410	Fazil	Hameed	Male	IND	3K	0:24:05	
412	Ganesh	Mithra	Male	IND	3K	0:24:32	
429	Morgan	McCord	Male	USA	3K	0:26:05	
411	Fuad	Usman	Male	IND	3K	0:27:41	
420	Jerry	Babu	Male	IND	3K	0:32:55	
402	Ali	Bokshisha	Male	QAT	3K	0:43:06	

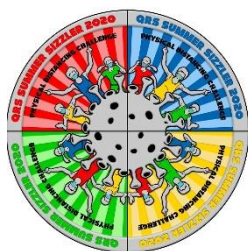
<b>Bib No.</b>	<b>First Name</b>	<b>Last Name</b>	<b>Gender</b>	<b>Nationality</b>	<b>Category</b>	<b>Time</b>	<b>Position</b>
423	Lyndall	Jensen	Female	AUS	3K	0:14:43	F1
416	Hannah	Pickard	Female	GBR	3K	0:16:01	F2
422	Laurie	Barber	Female	USA	3K	0:16:16	F3
438	Shannon	Higby	Female	USA	3K	0:16:47	
415	Hanna	Gildam-Clark	Female	DEN	3K	0:16:52	
439	Tess	Craig	Female	CAN	3K	0:17:03	
436	Samantha	Donaghey	Female	GBR	3K	0:17:19	
408	Emily	Dobison	Female	GBR	3K	0:17:41	
426	Megan	Harley-Warnock	Female	IRL	3K	0:17:51	
407	Elizabeth	Lance	Female	USA	3K	0:19:41	
404	Caitlyn	Pickard	Female	CAN	3K	0:19:45	
425	Maryam	Al Kuwari	Female	QAT	3K	0:21:01	
435	Saima	Habib	Female	GBR	3K	0:21:17	
433	Robin	Newall	Female	GBR	3K	0:21:23	
424	Mariam	Bokshaisha	Female	QAT	3K	0:21:43	
440	Vicky	Corrigan	Female	GBR	3K	0:25:15	
822	Riognach	Devine	Female	IRL	3K	0:26:16	
419	Jaime La Dawn	Roya	Female	USA	3K	0:28:23	
421	Katherine	Milton	Female	GBR	3K	0:28:30	
409	Fatma	Yousef	Female	QAT	3K	0:29:50	
427	Misty	McCord	Female	USA	3K	0:30:25	
401	Alexis	Al Qassmi	Female	QAT	3K	0:32:04	
430	Muneera	Al Kuwari	Female	QAT	3K	0:32:05	
413	Ghida	Khalil	Female	GBR	3K	0:32:15	
417	Hend	Al Kubaisi	Female	QAT	3K	0:32:52	
418	Itza	Tellez	Female	USA	3K	0:37:12	
406	Diya	Pillai	Female	GBR	3K	0:37:16	
431	Noof	Bokshaisha	Female	QAT	3K	0:44:42	

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605	Akshith	Saravanan	Male	IND	3K Jnr	0:12:08	M1
511	Prillanam	Alinier	Male	FRA	3K Jnr	0:12:50	M2
510	Oliver	Southern	Male	GBR	3K Jnr	0:17:42	M3
507	Mekaal	Rahim	Male	CAN	3K Jnr	0:19:32	
501	Ahmed	Shaheen Shafi	Male	IND	3K Jnr	0:21:33	
506	Khalifa	Abdulla	Male	QAT	3K Jnr	0:27:46	
509	Naman	Fardeen	Male	IND	3K Jnr	0:28:39	
500	Abdulla	Al Hitmi	Male	QAT	3K Jnr	0:30:00	
504	Essa	Al Hitmi	Male	QAT	3K Jnr	0:32:00	
513	Rehaan	Jerry	Male	IND	3K Jnr	0:35:20	
508	Muhammad	Zayed Fazil	Male	IND	3K Jnr	0:45:00	
502	Amin	Anish	Male	IND	3K Jnr	0:52:00	

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515	Zara	Rahim	Female	CAN	3K Jnr	0:19:32	F1
512	Reem	Al Shaheen	Female	QAT	3K Jnr	0:23:26	F2
503	Dana	Abdulla	Female	QAT	3K Jnr	0:29:12	F3
514	Samarah	Jerry	Female	IND	3K Jnr	0:42:24	
505	Hessa	Al Hitmi	Female	QAT	3K Jnr	0:46:00	

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600	Ankith	Saravanan	Male	IND	1K Jnr	0:06:54	M1
602	Luke	Muller	Male	RSA	1K Jnr	0:09:30	M2
603	Nasser	Abdulla	Male	QAT	1K Jnr	0:10:02	M3
604	Adam	Shaheen Shafi	Male	IND	1K Jnr	0:10:06	

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601	Sara	Pauley	Female	USA	1K Jnr	0:09:20	F1



# QRS SUMMER SIZZLER 2020

## VIRTUAL SERIES

### WEEK 3 - STEP CHALLENGE

Friday 12 June 2020

Bib No.	First Name	Last Name	Gender	Nationality	Category	Steps	Position
735	Michelle	Williams	Female	USA	W3 Step	454,723	1st
716	Guillaume	Alinier	Male	FRA	W3 Step	451,419	2nd
742	Niraj	Shahi	Male	NEP	W3 Step	448,541	3rd
746	Rawan	Mehrez	Female	EGY	W3 Step	394,254	
728	Karina	Enikeeva	Female	RUS	W3 Step	371,332	
709	David	Bramston	Male	GBR	W3 Step	370,992	
712	Fatma	Yousef	Female	QAT	W3 Step	359,468	
737	Mike	De Coster	Male	GBR	W3 Step	349,929	
720	Isobel	Bushell	Female	GBR	W3 Step	344,753	
726	Jonathan	Michelsen	Male	RSA	W3 Step	342,769	
721	Itza	Tellez	Female	USA	W3 Step	337,964	
725	John	Smith	Male	GBR	W3 Step	320,559	
708	Daniela	Cocan	Female	ROU	W3 Step	318,331	
704	Anish	Kandy	Male	IND	W3 Step	303,948	
703	Angélica	Franco	Female	ITA	W3 Step	276,303	
724	Jennifer	D'Souza	Female	IND	W3 Step	276,281	
741	Nandini	Alinier	Female	FRA	W3 Step	273,846	
750	Stephen	Yacapin	Male	USA	W3 Step	271,747	
747	Saima	Habib	Female	GBR	W3 Step	267,476	
705	Antonia	Confalone	Female	GBR	W3 Step	261,958	
734	Mehdi	Aissa	Male	TUN	W3 Step	255,520	
722	Jacque	Scott	Female	ZIM	W3 Step	247,118	
754	Victoria	Cann	Female	GBR	W3 Step	245,017	
727	Julie	Decock	Female	BEL	W3 Step	219,290	
751	Taryn	Sharples	Female	GBR	W3 Step	212,728	
740	Nadia	Rahim	Female	GBR	W3 Step	207,787	
732	Marina	Hardiman	Female	IRL	W3 Step	189,276	
738	Mohamed	Askar	Male	EGY	W3 Step	188,630	
723	Jaime La Dawn	Roya	Female	USA	W3 Step	182,410	
717	Hannah	Pickard	Female	GBR	W3 Step	171,430	
755	Ziyad	Rahim	Male	CAN	W3 Step	167,576	
711	Evette	Quadros	Female	IND	W3 Step	163,316	
745	Prillanam	Alinier	Male	FRA	W3 Step	157,371	
730	Lyndall	Jensen	Female	AUS	W3 Step	156,691	
736	Michelle	Pheiffer	Female	RSA	W3 Step	143,860	
715	Guillanam	Alinier	Male	FRA	W3 Step	143,495	
743	Noah Daniel	Muller	Male	RSA	W3 Step	136,310	
701	Aleksandr	Ivanov	Male	RUS	W3 Step	134,117	

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714	Gouse Lazam	Shaik	Male	IND	W3 Step	133,978	
706	Carmen	Navarro Gomez	Female	ESP	W3 Step	132,233	
748	Shahayas	Karuppamveettil	Male	IND	W3 Step	121,360	
731	Malaka	Al Kaabi	Female	QAT	W3 Step	118,500	
707	Conrad	Pheiffer	Male	RSA	W3 Step	110,942	
753	Vicky	Corrigan	Female	GBR	W3 Step	100,079	
729	Lisa	Guglielmi	Female	CAN	W3 Step	97,782	
752	Tess	Craig	Female	CAN	W3 Step	88,863	
739	Mohammed	Al Madfa	Male	QAT	W3 Step	87,655	
744	Patrick	Isac	Male	LIB	W3 Step	86,666	
713	Fazil	Hameed	Male	IND	W3 Step	82,014	
749	Sobia	Habib	Female	GBR	W3 Step	77,208	
733	Marvin	Quiocho	Male	PHI	W3 Step	73,603	
710	Essa	Al Hitmi	Male	QAT	W3 Step	24,599	
702	Anand	Mathew	Male	IND	W3 Step	19,680	
700	Abdulla	Al Hitmi	Male	QAT	W3 Step	19,076	
719	Hessa	Al Hitmi	Female	QAT	W3 Step	12,004	

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801	Abdulla	Al Kuwari	Male	QAT	N/A	N/A	
802	Andreea	Barbulescu	Female	ROU	N/A	N/A	
804	Antonia	Confalone	Female	GBR	N/A	N/A	
805	Bebe	Al Maki	Female	QAT	N/A	N/A	
806	Ciara	McKenna	Female	IRL	N/A	N/A	
807	Hassan	Kagalwala	Male	IND	N/A	N/A	
808	Ian	Shaw	Male	GBR	N/A	N/A	
809	Jakleen	Serna	Female	COL	N/A	N/A	
810	Jennifer	Westall	Female	GBR	N/A	N/A	
811	Laith	Tbishat	Male	JOR	N/A	N/A	
812	Lisa	Morgan	Female	GBR	N/A	N/A	
813	Lisa	Guglielmi	Female	CAN	N/A	N/A	
814	Liz	O'Keeffe	Female	GBR	N/A	N/A	
815	Magomed	Abubakirov	Male	RUS	N/A	N/A	
816	Malisa	Jovanovic	Male	SRB	N/A	N/A	
817	Nina	Moss	Female	GBR	N/A	N/A	
818	Paul	Fernandes	Male	POR	N/A	N/A	
820	Rebashnee	Pillay	Female	RSA	N/A	N/A	
821	Richard	O'Keeffe	Male	GBR	N/A	N/A	
823	Vijay	Dwivedi	Male	IND	N/A	N/A	
824	Yasmeen	Kalverts	Female	IND	N/A	N/A	
825	Yasmin	Abubakirova	Female	RUS	N/A	N/A	